Today’s date.

Dear Future Self,

Write a letter to your future self, ten years from now. What do you want to say to him/her? Some consideration points:

* + What do you want to be 10 years from now?
	+ What are the transitions, goals or dreams you want realized by then? \*\*Think about the life **transitions** we talked about in class.
	+ Here are some examples: Career/Business/Studies? Money/Wealth? Family? Friends? Love? Health? Spirituality? Recreation? Self-Image? Volunteerism?
1. Once you’re done, sign off with your name (signature, no print).