**Personal Development and Career Planning**

**Grades 9 & 10**

**Teacher: Vanessa Leonard** **Email:  vanessa.leonard@nbed.nb.ca**

1. **COURSE DESCRIPTION**

The goal of Personal Development and Career Planning is for learners to gain the knowledge, skills and attitudes necessary to effectively negotiate the life/work process. Students will learn to make informed decisions about their future personal and educational goals. The content includes, but is not limited to, the promotion of positive self-image and values identification as well as the development of strategies to effectively manage physical, mental/emotional, intellectual and social change.

1. **COURSE CONTENT**
   1. Personal Development/Management: Students will develop a positive self-concept and the skills necessary to interact positively and effectively with others.
   2. Human Development/Sexual Health: Students acquire the knowledge and skills required to make choices related to sexual health.
   3. Career Development: Students will locate, evaluate and effectively use life/work information.
   4. Career Building: Students will engage in the life/work building process.
2. **EVALUATION**

Grading will occur on a variety of assignments including classwork, group work, homework, projects and active class participation.

Participation and following daily procedures 30%

Classwork (including individual, group work and surveys) 30%

Homework 20%

Projects 20%

**Daily Procedures**

1. Use restroom before you come to class.
2. Arrive to class on time.
3. Take your hats and hoods off.
4. Cell phones must be out of site and silent.
5. Always bring required material to class (you always need a pencil and paper).
6. NO food or drinks in class, other than water.
7. If you have a question, raise your hand until recognized.
8. Keep all trash at your desk until the end of class.
9. **When the bell rings, remain seated until you are dismissed.**

Lunch Detention

Avoid spending time listening to me talk to you about coping skills, being respectful to others and appropriate classroom behavior by following the above instructions. I have no problem wasting your time, if you are willing to waste the class time of others.